



Mannaz Training Course

# Introduction to Leadership

Get ready for your role as a leader

- ① 3 days | 1 module
- 📍 Copenhagen
- 🗨️ Danish
- 🏷️ 17.999 kr. (ex. VAT)
- 👍 4.7/5.0 satisfaction

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# INTRODUCTION TO LEADERSHIP

## Getting started as a new leader

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This course provides a safe space to practise essential leadership skills and address the fundamental questions new leaders often face. You will explore how to get off to a strong start, identify the tools you need, understand your leadership strengths, give and receive feedback effectively, and better recognise response patterns in yourself and others.

The course introduces key leadership theories and practical tools while helping you navigate the challenges of stepping into a leadership role.

[The programme is also available in Danish.](#)

## Participant Profile

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This course is for you if you're moving onto your first leadership position, or if you've worked as a leader for a maximum of 6 months.

Your new leadership role is a leap in your career that offers many new and exciting challenges – academic, personal, and managerial. But it places demands on your capabilities. So you want to prepare yourself for the responsibilities and requirements that the leadership role entails.

The course is also relevant if you're not yet in a leadership role, but would like to clarify whether this move is right for you.

# Programme structure and content

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This course in introduction to leadership is held over 3 consecutive days.

**During the programme you will, among other things, work with:**

- 🕒 Your personal qualifications and expectations in relation to the leadership role
- 🕒 Constructive and forward-looking peer feedback from coaches and other participants
- 🕒 Theory connected directly to practical training
- 🕒 Case exercises using your own examples based on your specific challenges
- 🕒 Basic theory in relation to the leadership role
- 🕒 Identification of your strengths and your areas of development, so that you know what to focus on for your development.

In this course, you will practise handling the diverse and often challenging situations leaders face while balancing organisational goals with personal and team needs. Since leadership relies on achieving results through people, the training focuses on understanding and working with different reaction patterns—both your own and those of others.

The course combines practical training with a solid theoretical foundation, often introduced through case work that links theory directly to real-life practice. Constructive, forward-looking feedback from instructors and fellow participants is a key part of the learning process, supported by a shared focus on developing fundamental leadership skills.

## What's included in the price?

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- 🕒 Short questionnaire about what you can expect from Introduction to Leadership
- 🕒 Myers Briggs Type Indicator (MBTI STEP I) test
- 🕒 3 course days
- 🕒 All meals included
- 🕒 Course materials
- 🕒 Course certificate

[READ MORE AND SIGN UP HERE](#)

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# Why take this course?

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When you participate in this course, you will not only gain personal skills but also skills that your company or organisation can greatly benefit from.

## Your personal benefits

- Thorough personal and professional preparation for your new role as a leader
- Training in practical leadership in a safe environment
- Increased knowledge of basic theory about the leadership role
- Feedback and experience sharing, which prepares you for the leadership role
- Identifying your strengths and your areas of development

## Benefits for you organisation

- A leader who quickly fills their new role
- A leader with the fundamental leadership competencies
- A leader with insight into the patterns of response and relationships between people
- A leader with greater insight and understanding of the professional and personal challenges that are associated with being new to the leadership role

## Do you have any questions?

You are always welcome to contact us to get a consultation on which course is right for you and your needs.

**René Fabricius Weichel**

Senior Product Manager

[r fw@mannaz.com](mailto:r fw@mannaz.com) | +45 4517 6140



## Host the course for your employees only

With an in-house programme, you can choose any course from our broad portfolio. We will conduct the course for your employees only – adapted to your specific needs, wishes, and business goals.

Contact **Mariann Illum Vendler**, Relation Manager: [miv@mannaz.com](mailto:miv@mannaz.com) | +45 4517 6189

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